



Congratulations on purchasing an Altizen Active Standing Desk, and welcome to the world of active working.

## SAFETY INSTRUCTIONS

When using an electrical furnishing, basic precautions should always be followed, including the following:  
Read all instructions before using (this furnishing).



### DANGER

#### To reduce the risk of electric shock:

- To reduce the risk of electric shock, always unplug this product from the electrical outlet before cleaning.



### WARNING

#### To reduce the risk of burns, fire, electric shock, or injury to persons:

- Unplug from outlet before putting on or taking off parts.
- Close supervision is necessary when this furnishing is used by, or near children, invalids or disabled persons.
- Use this furnishing only for its intended use as described in these instructions. Do not use attachments not recommended by the manufacturer.
- Never operate this furnishing if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return to a service center for examination and repair.
- Keep the cord away from heated surfaces.
- Never operate the furnishing with the air openings blocked. Keep the air openings free of lint, hair, and the like.
- Never drop or insert any objects into any opening.
- Do not use outdoors.
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered
- To disconnect, turn all controls to the off position, then remove plug from outlet.



### WARNING

- WARNING:** Risk of injury – Keep children away from the desk.
- For loading, always put heavier items towards the center and not near the edges to help prevent the possibility of furnishing tipping over.
- WARNING:** Risk of death of serious serious injury may occur when children climb on equipment / furniture. Remote control or toys placed on the furnishing may encourage a child to climb on the furnishing and as a result the furnishing may topple over onto the child.

#### SAVE THESE INSTRUCTIONS SERVICING OF DOUBLE-INSULATED PRODUCTS

In a double-insulated product, two systems of insulation are provided instead of grounding. No grounding means is provided on a double-insulated product, nor is a means for grounding to be added to the product. Servicing a double-insulated product requires extreme care and knowledge of the system, and is to be done only by qualified service personnel. Replacement parts for a double-insulated product must be identical to the parts they replace. A double-insulated product is marked with the words: "DOUBLE INSULATION" or "DOUBLE INSULATED." The symbol is also to be marked on the product"



### WARNING

- WARNING:** Risk of injury – When moving the furnishing from up to down or vice versa, do not place any parts of the body under the furnishing and keep underside of furnishing clear of any items that may obstruct the path. If any item obstruct the path, use the remote control to move the furnishing up before removing the item.
- WARNING:** Never attempt to lift the furnishing alone.
- This desk operates at 29 V DC. It has a recommended maximum weight capacity of 15kg. The furnishing is meant to operate under environmental conditions ranging from 5-90% humidity (non-condensing) and through an ambient temperature of 10 to 35°C.
- Exceeding these limits can potentially damage the product and void the warranty and/or result in injury to yourself or others.

## GETTING STARTED

### What's Included

- Your purchase includes:
- 1 Altizen Active Sit-Stand Converter
  - 1 Handset Remote Control
  - 1 AC/DC Adaptor with Power Plug
  - And if you have purchased a:
    - Single Monitor Version: 1 VESA Mount;
    - Dual Monitor Version: 1 Dual Bar with 2 VESA Mounts; or
    - Laptop Version: 1 Laptop Platform

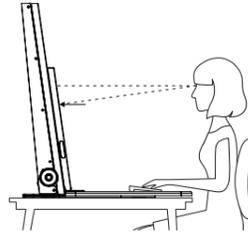
### How to Assemble Your Desk

Watch Installation Video:  
<https://altizen.com/altizen-active-install>



#### Base unit (and also applicable for all other modules to do up the base version):

- Place the base on your tabletop.
- Place the pillar on top of the base and secure the pillar onto the base with the 3 pcs **M6x10** screws provided.
- Slide the worksurface underneath the sliding pillar base and secure using the 5 pcs **M6x16** screws.
- If you wish to, you can paste the silicon cover over the screws to hide them.



#### Assemble Your Modules and Fix Your Screen Height

1

##### Single Monitor Mount

- Sit in front of the sliding pillar and make a note of your eye level height.
- Count 2 hole spaces down from your eye level and align with the top 2 screw holes of the single monitor VESA bracket. Secure with the 4 pc **M5x12** screws.
- Attach the VESA mount onto the back of your monitor.
- Hook your monitor onto the VESA bracket and tighten the 2 screws underneath.

##### Dual Monitor Mount

- Sit in front of the sliding pillar and make a note of your eye level height.
- Count 2 hole spaces down from your eye level and align with the top 2 screw holes of the dual bar. Secure with the 4pcs **M5x12** screws.
- Attach the VESA mounts onto each of your monitors.
- Hook each monitor onto the VESA brackets and tighten the 2 screws underneath.
- To adjust the distance between the monitors, loosen the thumbscrews at the top of the VESA bracket and slide your monitors to the desired position, before tightening the screws again.

##### Laptop Mount

- Sit in front of the sliding pillar and make a note of your eye level height.
- Count 2 hole spaces down from your eye level and align with the top 2 screw holes of the laptop platform. Secure with the 4pcs **M5x12** screws.
- If you wish to, you can paste the silicon cover over the screws to hide them.

#### Pairing and Using Altizen Active with your handset remote control

- Install the batteries into your handset.
- Ensure the power is turned on for your workstation.
- Within 15 seconds of turning the workstation on, press and hold the "I" and "II" buttons at the same time until you see the blue LED lights blinking. Let go, it will be paired.
- You can move your desk through the handset using the "Up" "Down" or set your own memory height using the Preset Height "I" or "II" buttons.
- To set your preferred standing height, press the "Up" button until you reach your preferred standing height. Ergonomically, this should be where your elbows would be bent at 90 degrees angle.
- Save this height by pressing the "I" button for at least 3 seconds.
- You can save a second preset height by pressing the "II" button for at least 3 seconds.
- Pressing each preset height button will bring it between the preset standing height and base.

#### Help

Troubleshooting and assistance for your Altizen Workstation can be found at <https://altizen.com/FAQ>

#### RETURN POLICY & WARRANTY

Warranty information and return policy can be found at <https://altizen.com/warranty> and <https://altizen.com/return-policy> respectively.

We reserve the right to change or modify any components of the product, at any time without notice.

Thank you for purchasing Altizen.  
If you have any questions, please contact us directly:  
<https://altizen.com>    [hello@altizen.com](mailto:hello@altizen.com)    +65 6871 8885

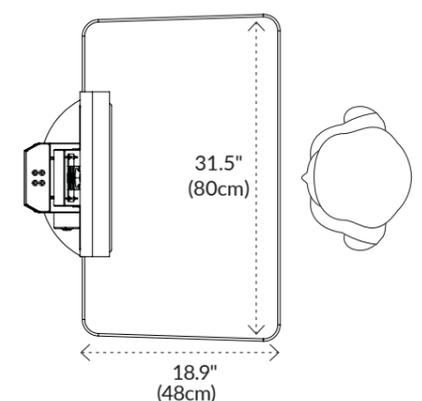
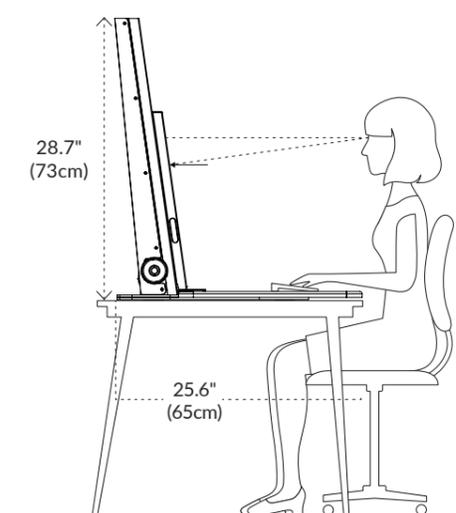
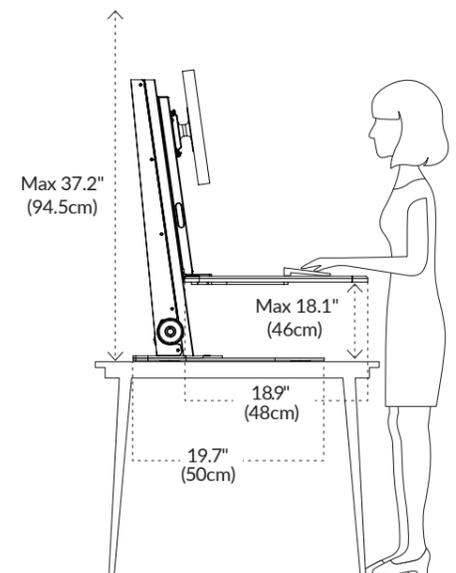
## ALTIZEN GENERAL INFO & SPECIFICATIONS

### Size & Weight

Version	Height (retracted)	Height (extended)	Depth	Width	Weight
Base Model	73cm	94.5cm	65cm	80cm	26kg
Single Monitor Model	73cm	94.5cm	65cm	80cm	26kg
Dual Monitor Model	73cm	94.5cm	65cm	80cm	28kg
Laptop Model	73cm	94.5cm	65cm	80cm	28kg

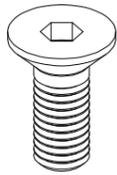
### Dimensions

Adjustable Height	460mm electrically actuated
Connectivity	Radio Frequency
Materials	Structure is made of powder-coated cold rolled steel and worksurface is made of medium density fibreboard
Weight	26 kg for the basic & single monitor, 28 kg for the dual monitor & laptop versions
Moving Load Capacity	15kg
Static Load Capacity	15kg
Electronics	Line Voltage: Class II, 29VDC / 2A Operating Temperature: 10°C to 35°C Relative Humidity: 5% to 90%, non-condensing



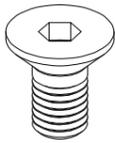
# ALTIZEN

M6 x 16



x5

M6 x 10



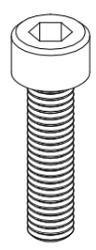
x3

M5 x 12



x8

M5 x 20



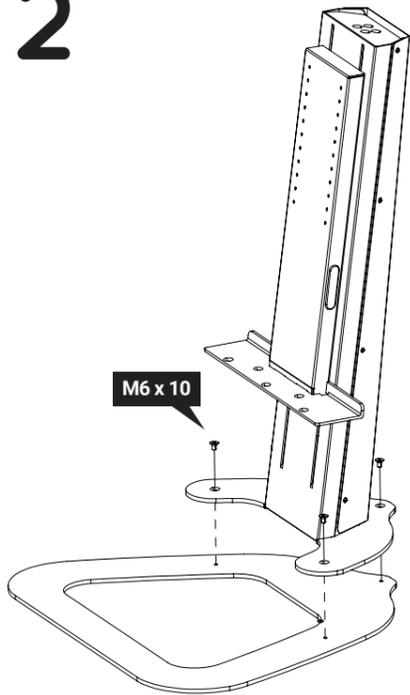
x4

M5 x 12

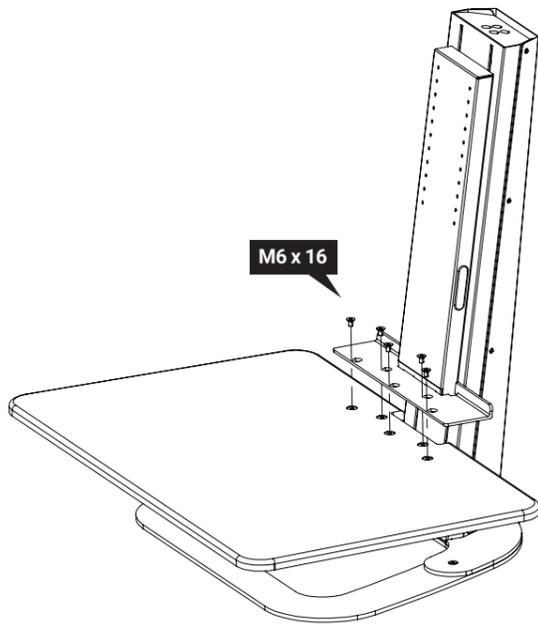


x4

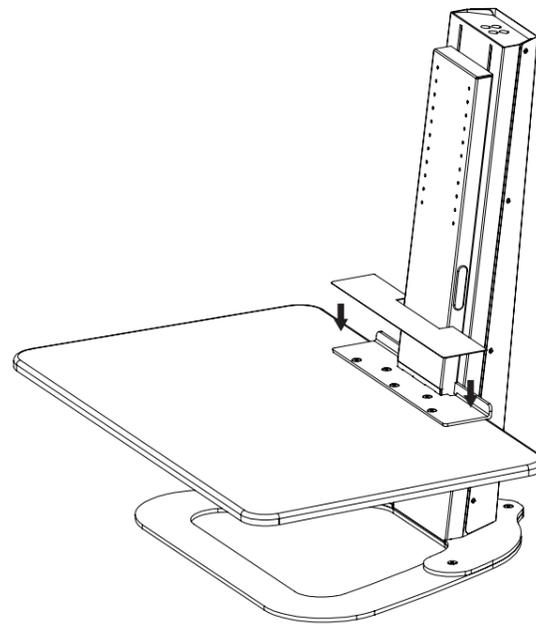
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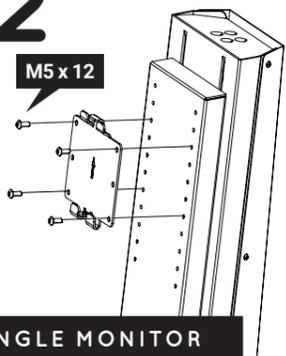
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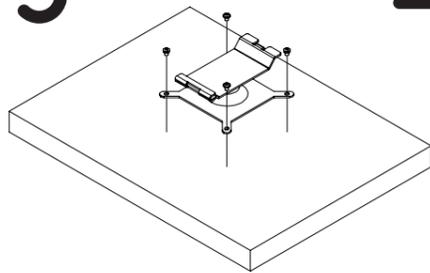
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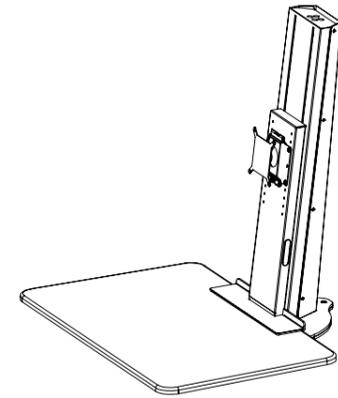
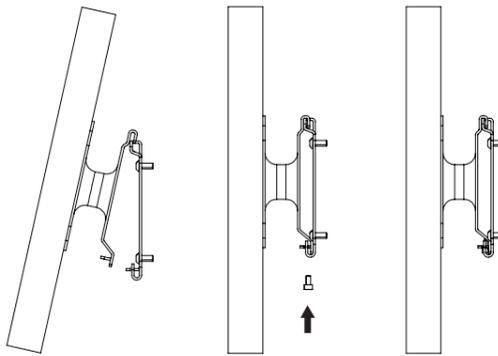
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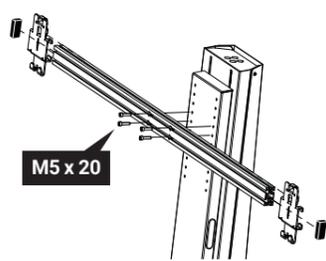


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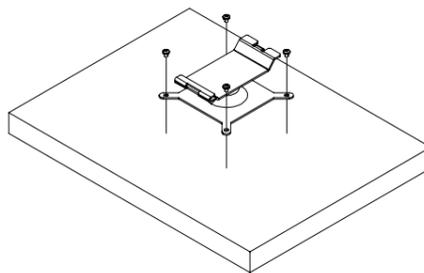


SINGLE MONITOR

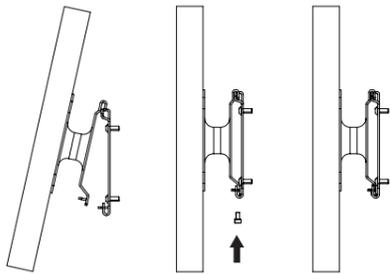
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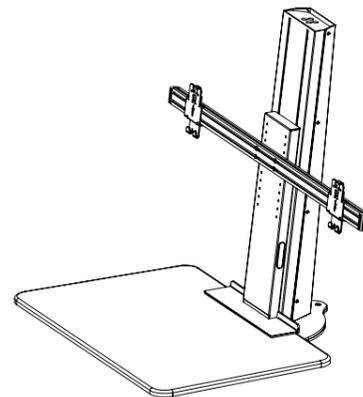
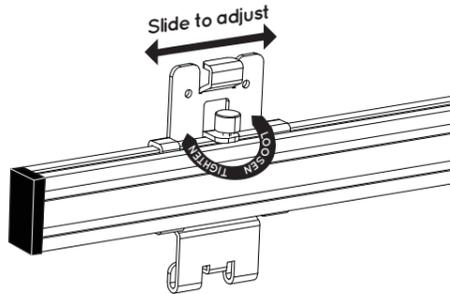
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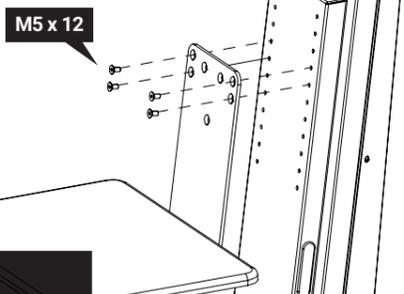


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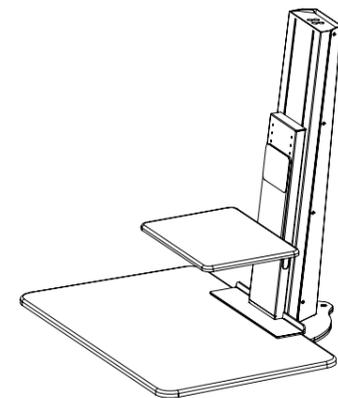
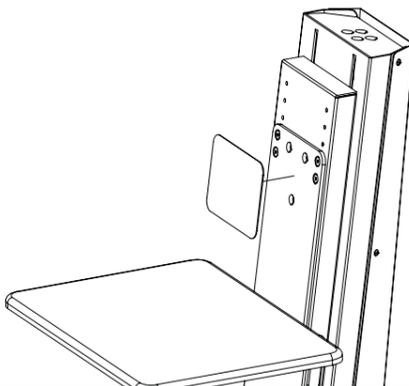


DUAL MONITOR

2



3



LAPTOP